

GOING TO THE DENTAL CLINIC FOR A CHECK UP



Children's Mercy
KANSAS CITY

Coming to the Dental Clinic

You will come to the Children's Mercy Dental Clinic to have a check-up for your teeth. These are some things that may happen during your appointment:

First, you will check in at the Dental Clinic. Then, the staff will call your name.

You and your family will go to a room where you will stand on a scale for us to measure your weight.



Next, you will go to an exam room that has a chair for you to sit in.

Your family can sit or stand next to you. You can choose a show to watch on the TV while you have your teeth checked. You can also bring a stuffed animal or toy to hold during your check-up.



X-rays

You may need to have x-rays of your teeth. X-rays are pictures that help the dentist see all the parts of your teeth. A person called a dental hygienist will take your x-rays. They will place a small white rectangle in your mouth. You will gently close your mouth around it.



Then, the dental hygienist will put the camera close to your nose or cheek and press a button to take a picture. This does not hurt, and the camera will not touch you.



Cleaning your teeth

You may need your teeth cleaned while you are here. The dental hygienist will clean your teeth with a toothbrush that has a spinning top. You can keep watching TV while they do this.



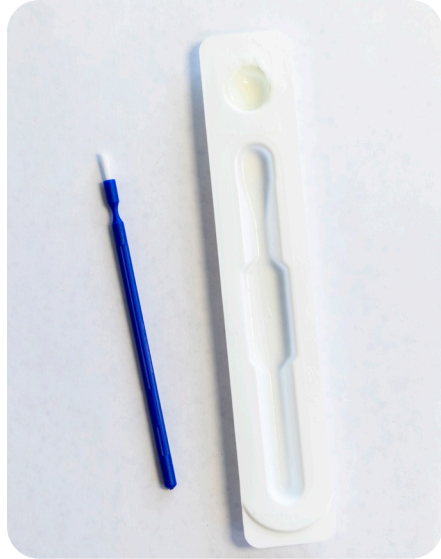
Time with the dentist

Next, you will meet the dentist. The dentist is a doctor for your teeth. The dentist will count and look at your teeth to learn more about them. They will use a small mirror and counting tool.



Time with the dentist

Then, they will paint a clear gel called “flouride” on your teeth. Flouride helps keep your teeth healthy and strong. It may feel and taste strange for a short time, but that feeling will go away.



After the dentist is done learning about your teeth, they will talk with you and your family about how to help your teeth stay healthy and strong.

Notes

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Notes

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



_____ in academic affiliation with _____



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