



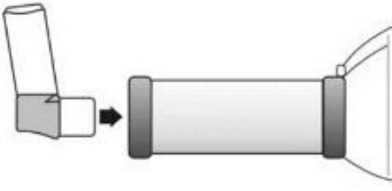
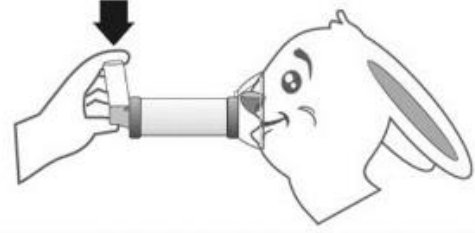
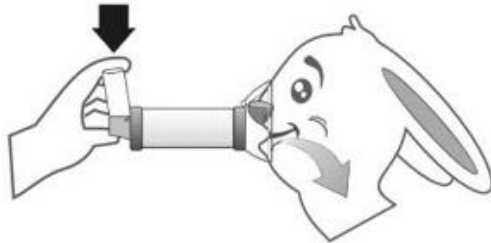



Scan for video

Using an inhaler with a spacer mask

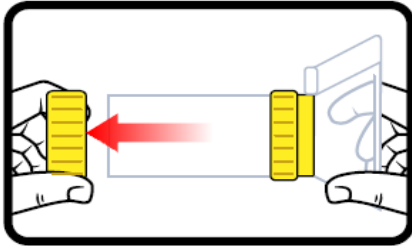
An inhaler is used to get medicine into the lungs. Spacers increase the amount of medicine that reaches the lungs.

Spacer with mask

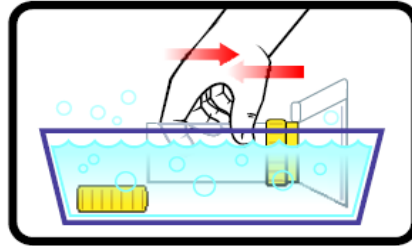
<p>1 Sit down with your child in your lap. Hold Child.</p> 	<p>2 Shake the inhaler well (2-3 seconds)</p> 
<p>3 Remove cap from the inhaler and place into the spacer.</p> 	<p>4 Place the mask against your child's face. Be sure to seal the mask over the mouth and nose.</p> 
<p>5 Push down on the inhaler releasing 1 puff into the spacer.</p> 	<p>6 Hold the mask tightly over the nose and mouth and count for 5 - 10 breaths. (20-30 seconds)</p> <p>Remove the mask from the face and wait for 30 seconds and repeat steps 4-6 for more puffs as prescribed.</p> 

SPACER CLEANING

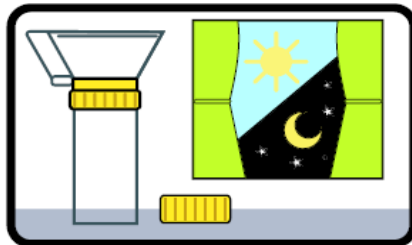
Clean your spacer once a week or sooner if needed.
Regular Cleaning will prevent powder build up in the spacer.



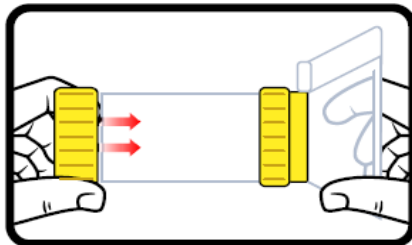
1. Remove the back rubber piece



2. Soak both parts in warm water with liquid detergent for 15 minutes. Move gently. Do not scrub inside. Rinse.



3. Air dry in vertical position. Do not rub dry.



4. Replace the back rubber piece.

Priming inhalers

(practice spraying into the air)
is important to get the proper dose of medicine.

Name	Priming (practice spraying into the air)	
Ventolin® (albuterol)	First time: Spray 4 times in air.	If not used in 2 weeks or dropped: Spray 4 times in air
ProAir® (albuterol)	First time: Spray 3 times in air.	If not used in 2 weeks: Spray 3 times in air
Proventil® (albuterol)	First time: Spray 4 times in air.	If not used in 2 weeks or dropped: Spray 4 times in air
Xopenex® (levalbuterol)	First time: Spray 4 times in air.	If not used in 3 days: Spray 4 times in air