

Spiriva Respimat



Spiriva Respimat® (tiotropium bromide)

1.25 mcg (blue cap)

2.5 mcg (teal cap)



Medicine	Need a	My dose
Controller (soft mist inhaler)	No	Check Asthma Action Plan



1. Use the TOP Acronym
2. T- TURN the clear base in the direction of the arrows on the label until it clicks (keep the cap closed while doing this)
3. O- OPEN the cap until it snaps fully open
4. P- Breathe out slowly away from device, close your lips around the mouth-piece without covering air vents. While taking a slow deep breath through your mouth, PRESS the dose release button and continue to breathe in slowly. Hold breath as long as you are comfortable.
5. Repeat steps for each puff
6. Close the cap until you use your inhaler again

Use the camera on your phone to scan this QR code for the Spiriva Respimat Website:



There is information about:

- ◆ How to use the Respimat
 - ◆ Click “Download the Quick Start Guide”
 - ◆ Click the white arrow to watch the video
- ◆ Save money:
 - ◆ Click on “menu” then “Savings and Support”