



Resources for Families



Kreamer Resource Center for Families

Location: Ground floor as you walk from main entrance to Castle elevators.

Contact: (816) 234-3900 (or x53900) or kreamerparentsupportteam@cmh.edu

- Computers, printer/fax/copy/scan, phone chargers
- Snacks, drinks and toiletries available at no cost
- Laundry machines
- Parent exercise room
- Parent/caregiver support and events
- Playroom for kids
- Private meeting/lactation room
- Video phone for hearing impaired

POPS (Parents Offering Parent Support) Program



Get support from another parent whose child was treated for a similar condition. You can connect by text, phone call or email.

Scan this QR code for more information



Food Choices for Parents

- **Parent tray meal service:** When ordering your child's meal by phone, you can also request a \$5 meal for yourself or another caregiver. Pay with a debit or credit card when the parent tray is delivered. Limit of 2 parent trays per meal, up to 3 times a day.
- **Main dining options:** The cafeteria (KC Café) and (Classics Express Café) on Ground floor near Castle elevators.
- **Discovery Café:** Near Moon elevators, on 1st floor of CMRI.
- **Subway sandwich shop:** 1st floor Sombart Lobby near Same Day Surgery waiting room.
- **Gift shop:** Candy, cookies and snacks available. Ground floor by the Castle elevators.
- **Nearby dining at Crown Center:** Use the walking path just outside the Children's Mercy main entrance. Spin Pizza, Unforked, Starbucks, Panera, Sheridan's Frozen Custard, and more.

Parent Rooms on Inpatient Floors

- Vary among units, but often include a refrigerator, ice/water machine, microwave and useful parent information.

Parent/Caregiver Handbook



English
Parent
Handbook



Spanish
Parent
Handbook

Children's Mercy App

This app is available for Androids and iPhones, and has many features for parents and caregivers, including detailed maps to get around the hospital.

Internet access

Select "**cmh-guest WiFi**" and click "Accept" on the Terms of Use page.

Help with coping and the mental health of your child or yourself

- **Call or text 988:** Free and confidential crisis lifeline answered in English or Spanish
- Children's Mercy Social Work: **(816) 234-3670** if after hours, call **(816) 234-3000** and ask for social worker on-call

Remember your well-being matters, too.
You are an important part of your child's healing!

Other Helpful Items

- **Coffee:** Free in lobbies near Castle elevators; in the Kreamer Resource Center; or for purchase at Roasterie (main entrance), Starbucks (main cafeteria), and Crown Center.
- **Pain relievers:** Available in vending machines on 1st floor near Subway, or gift shop.
- **Toiletries/feminine products:** Available at no cost in the Kreamer Resource Center or for purchase in gift shop



Siblings

- Playground in front of Children's Mercy (Nutter Park)
- Kreamer Resource Center playroom
- 1st floor buttons to change colors of the ceiling star lights
- Train room, 1st floor



Outdoor/Peaceful Spaces

- Lisa Barth Chapel with garden, Ground floor.
- 2nd floor patio, Castle elevators.
- Outdoor walking track to the right as you exit main entrance.

