

# MY CHILD DID NOT GET AN ANTIBIOTIC. WHAT CAN I DO TO HELP THEM?

Some infections are not treated with antibiotics. It is important to use antibiotics only when they are needed. They can cause harm if not used correctly.

## What can I do to help my child feel better?

- Have them stay at home and rest until they do not have a fever for at least 24 hours.
- If they have pain or a temperature of 100.4F or higher, you can give them acetaminophen (Tylenol) or ibuprofen (Advil). Your health care team will tell you what you can give your child.
- Have your child drink plenty of water and clear liquids to stay hydrated.
- Scan the QR code below for more ways to help your child if they have:
  - Sore Throat
  - Rash
  - Cold/Upper Respiratory Infection

## When should I take my child to see a health care provider?

If your child has any of the symptoms below, you should see a health care provider:

- Fever in a child younger than 12 weeks old.
- Fast breathing, trouble breathing or ribs pulling in with each breath.
- Dehydration
  - They haven't gone pee for 8 hours.
  - They can't keep clear liquids down because of vomiting.
- New symptoms or previous symptoms that are getting worse.
- Not getting better in 48-72 hours (2 to 3 days).
- Not interacting or being alert when awake.

**For More Information**  
Scan the QR Code or visit:  
[cmkc.link/when-to-use-antibiotics](https://cmkc.link/when-to-use-antibiotics)



**CHILDREN'S MERCY  
ANTIMICROBIAL  
STEWARDSHIP  
PROGRAM**

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