



Transition Program

Medications:

Be able to name what medications I take. It is important to give a list to anyone involved in my health care.

Provide an updated list of your medicines to your new doctor(s), school nurse, and college campus health clinic. Make sure you know the following:

- The name of the medicine. (some are brand name, some are generic)
- The dose you take and when you take it.
 - » You can find this on the label of the medication.
 - » You can also ask your caregiver.
- How the medication affects you and your medical condition.
 - » A pharmacist or your doctor would be a good person to ask how your medication affects your body and medical condition.

UNDERSTANDING YOUR MEDICATION BOTTLES

Pharmacy name and address

Number used by the pharmacy to identify this medication for your refills

Person who gets this medication

Instructions on how much and how often to take this medication

Name of medication and strength of medication

Number of refills before certain date

Doctor's name

Pharmacy phone number

Prescription fill date

Don't use this medication past this date





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How to call the pharmacy:

Keep the pharmacy's number in your phone.

- **DO NOT WAIT** until you are out of medications to call in your refills!
- Find the phone number on the medication bottle:

*See bottle: _____
- You can speak to a pharmacist or you can use the automated system.
- Some pharmacies will send text reminders! See if your pharmacy has this program.

YOU

Hi, my name is (state your name) and i need to call in a refill.

PHARMACIST

Do you have a prescription number?

YOU

Yes, my prescription number is:

*See medication bottle example.

When will my prescription be ready?

PHARMACIST

Would you like your prescription delivered or to be picked up?

Would you like us to text you when your prescription is ready?