



Transition Program

Alcohol, Drugs and Tobacco:

Explain how these could affect my medical problem.

Using drugs, alcohol, or tobacco products can:

- Harm you.
- Make your medical problem worse.
- Change how you react or make decisions leading to car or other accidents.
- Having unsafe sex that can lead to an infection or unplanned pregnancy.
- Changes in your blood sugar (if you take diabetes medicines).
- Breathing problems and damage your lungs if you vape.
- Bad breath and problems with your teeth and mouth.

Talk with your provider about how drugs and alcohol can impact your medical conditions. Only take medications that are prescribed for you. Be sure your provider knows any over-the-counter medications you are taking. Even over the counter medications can cause problems.