



How to Request Child Life Services

Why contact a child life specialist

- Help my child understand their health care, diagnosis, or upcoming medical procedure
- Support my child with feelings, worries, or questions related to health care
- Information or materials to help prepare my child for a procedure or appointment
- Help my child learn and practice coping skills
- Support during procedures, treatments, or hospital visits
- Support for siblings or family members

How to contact a child life specialist

To reach a child life specialist before you come for your visit:

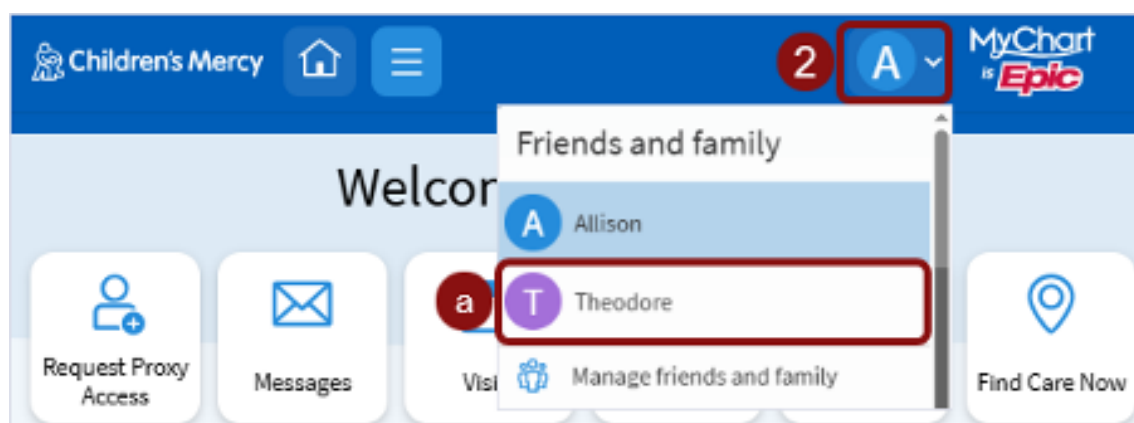
- Request Child Life Services in MyChart (see the other side of this handout).
- Call **(816) 983-6870**

If you are currently at the hospital, please ask a nurse or staff member to contact a child life specialist.

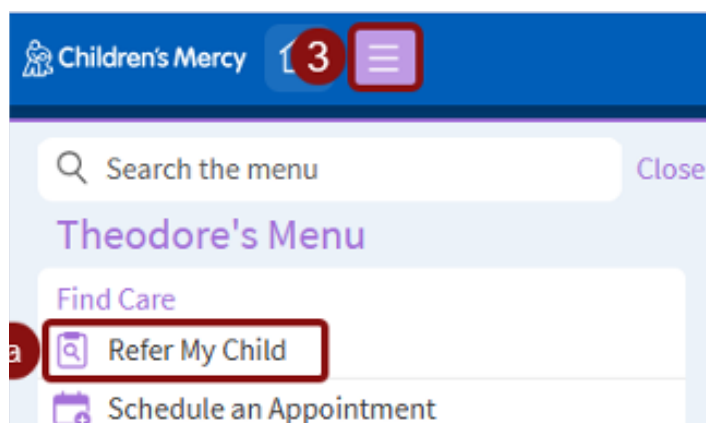
How to use Refer My Child to request Child Life Services

To ask for child life specialist support through MyChart:

1. Sign in to Children's Mercy MyChart website: MyChart – Login Page
2. Open the **Friends and Family** menu in the top right corner of the screen.
 - Click on your child's name. Their MyChart account will open.



3. Click the **≡ icon** on the top left to open the Menu.
 - Under Find Care, click **Refer My Child**.



4. Click **Child Life Referral**.

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- Click the box next to the type of support your child needs.
Fill out the form and click **Continue**.

Refer My Child (Theodore)

Child Life Specialists support children and families by helping children understand what is happening, feel less scared, and share their feelings. Please complete this form if you would like Child Life support for your child and a member of our Child Life Team will follow up with you. If your child is in the hospital at Children's Mercy right now, please ask a staff member to contact Child Life instead of filling out this form.

What kind of support are you requesting from Child Life?

Select all that apply.

- ☐ Help my child understand their health care, diagnosis, or upcoming medical experiences
- ☐ Support my child with feelings, worries, or questions related to health care
- ☐ Information or materials to help prepare my child for a procedure or appointment

- Click **Continue** again to send your request.
If you need to make any changes before sending, click on the  **icon**.

Request Details (Theodore)

Referrals for **Child Life Referral**

The following will be automatically completed if you continue

 **Referrals: Ambulatory Referral to Child Life**

These recommendations will be available to accept until July 15, 2026 at 4:47 PM.

6 **Continue**

- The Recommendations screen will show  **Requested** when you are done.

Recommendations

For **Child Life Referral**

 **Referrals: Ambulatory Referral to Child Life**
 **Requested**

**A child life specialist will respond through MyChart within 2 business days.
Messages sent on weekends or holidays may take longer.**