

# GETTING G-TUBE CHANGED

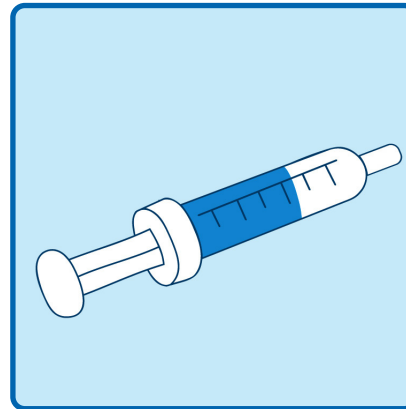
Use a marker or sticker to check off each step that you have completed!



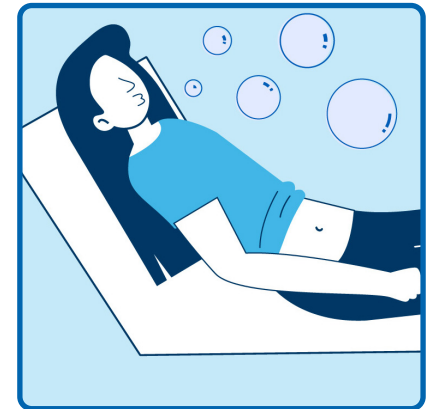
☐ Lay down



☐ Pull up shirt



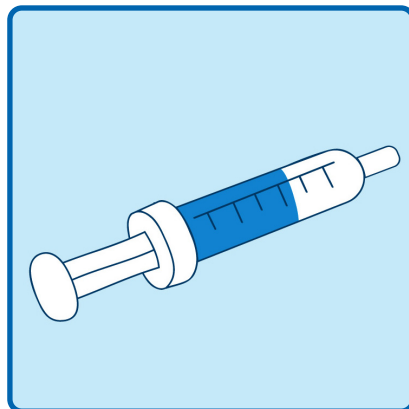
☐ Take water out of button



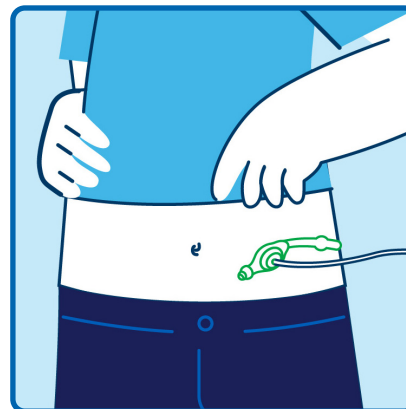
☐ Blow out as button slides out



☐ Slide new g-tube in



☐ Take water out of button



☐ Make sure it's in the right place



☐ All done

# WHAT DO YOU WANT TO DO DURING YOUR G-TUBE CHANGE?

Use a marker or sticker to check off what will help you.



☐ Read a book



☐ Watch what happens



☐ Play on the tablet



☐ Listen to music



☐ Help with tube change

## WHERE DO YOU WANT TO LAY?



☐ Couch



☐ Bed

# HOW DO YOU FEEL ABOUT GETTING YOUR G-TUBE CHANGED?



It's okay to feel scared, worried or sad about getting your g-tube changed. Your g-tube needs changed to keep it clean and help your body stay as healthy as possible. Your job when you get your g-tube changed is to hold your body as still as you can.

