

Specific Care Question

In pediatric patients with acute otitis media (AOM) AND tympanostomy tubes, are antibiotic ear drops (topical, drops, otic) versus oral antibiotics better for the outcomes of resolution and adverse events?

Recommendations from the AOM CPM Committee

A conditional recommendation is made for the use of ear drops over oral antibiotics for patients with tympanostomy tubes, based on the GRADE Evidence to Decision instrument and the Summary of Findings Table. Even though the certainty of the evidence is low to very low, antibiotic ear drops were favorable compared to oral antibiotics for the resolution of ear discharge. Also, adverse events were found to be no difference between the two interventions. Standard work should be developed, implemented, and monitored when there is a lack of scientific evidence.

Literature Summary

Background Acute otitis media is the most common infection in early childhood (Venekamp et al., 2015) and ear discharge (otorrhea) is common in children with tympanostomy tubes. The most common treatment for AOM strategies includes oral antibiotics, antibiotic ear drops, or ear drops containing a combination of antibiotics and corticosteroids (Venekamp et al., 2016). This review will summarize identified literature to answer the specific care question.

Study characteristics. The search for suitable studies was completed on April 25, 2022. T. Williams RN, APRN, CPNP, and H. Austin MD, FAAP reviewed the 54 titles and/or abstracts found in the search and identified eight single studies believed to answer the question. After an in-depth review of the single studies^d, two answered the question (Steele et al., 2017; Venekamp et al., 2016). Venekamp et al. (2016) is a systematic review/meta-analysis which includes the comparison of ear drops antibiotics versus systemic antibiotics in patients with tympanostomy tubes and ear discharge. Steele et al. (2017) is a network meta-analysis that indirectly compares ear drop antibiotics versus systemic antibiotics in pediatric patients with tympanostomy tubes and ear discharge.

Summary by Outcome

Date Developed: 7/18/2022

Data Summary by Outcome (rationale for evidence certainty rating provided for each outcome) Resolution of ear discharge at one week

The systematic review by Venekamp et al. (2016) found one RCT (Heslop et al., 2010) that measured resolution of ear discharge at one week, (N = 42). For the outcome of resolution, the results indicated the intervention of antibiotic ear drops (with or without corticosteroids) was favorable to the comparator of oral antibiotics, OR = 2.58, 95% CI [1.27, 5.22], p-value = 0.01.

Certainty Of The Evidence For Resolution of ear discharge at one week. The certainty of the body of evidence was very low. The body of evidence was assessed to not have serious inconsistency nor indirectness, however was assessed to have serious risk of bias and serious imprecision. Risk of bias was serious due to lack of blinding in the study which could have affected outcome assessment. Imprecision was serious due the low number of events (n = 23) and subjects (N = 42). As only one study, Heslop et al. (2010), was identified to answer this question, consistency could not be assessed.

Resolution of ear discharge at two to four weeks

The systematic review by Venekamp et al. (2016) found two RCTs (Dohar et al., 2006; Van Dongen et al., 2014) that measured resolution of ear discharge at two to four weeks (N = 232). For the outcome of resolution, the results indicated the intervention of antibiotic ear drops (with corticosteroids) was favorable to the comparator of oral antibiotics, OR = 1.59, 95% CI [1.35, 1.88], p-value < .0001.

Certainty Of The Evidence For Resolution of ear discharge at one week. The certainty of the body of evidence was low. The body of evidence was assessed to not have serious inconsistency nor indirectness, however, was assessed to have serious risk of bias and serious imprecision. Risk of bias was serious due to lack of blinding in the study which could have affected outcome assessment. Imprecision was serious due to the low number of subjects (N = 232).



Adverse events

The systematic review by Venekamp et al. (2016) found three RCTs (Dohar et al., 2006; Goldblatt et al., 1998; Van Dongen et al., 2014) that measured adverse events, (n = 232). For the outcome of adverse events, the results indicated the intervention of antibiotic ear drops (with and without corticosteroids) was not different to the comparator of oral antibiotics, OR = 0.37, 95% CI [0.12, 1.09], p-value = .07.

Certainty Of The Evidence For Resolution of ear discharge at one week. The certainty of the body of evidence was low. The body of evidence was assessed to not have serious imprecision nor indirectness, however, was assessed to have serious risk of bias and serious inconsistency. Risk of bias was serious due to the lack of blinding in the study which could have affected the outcome assessment. Imprecision was serious as evidenced by the substantial heterogeneity $I^2=88\%$.

Relative effectiveness

The network meta-analysis by Steele et al. (2017) measured relative effectiveness of different treatments for otorrhea in patients with tympanostomy tubes, (N = 7 Studies). For the outcome of relative effectiveness, the results indicated the intervention of antibiotic ear drops (with or without corticosteroids) was favorable to the comparator of oral antibiotics, OR = 5.30, 95% CI [1.20, 27].

Certainty Of The Evidence For Resolution of ear discharge at one week. The certainty of the body of evidence was very low. The body of evidence was assessed to not have serious inconsistency, however, was assessed to have serious risk of bias, serious indirectness, and serious imprecision. The risk of bias was serious due to the lack of blinding in the study which could have affected the outcome assessment. Indirectness was serious due to the study being a network meta-analysis and imprecision was serious due to the wide confidence interval.

Identification of Studies

Date Developed: 7/18/2022

Search Strategy and Results (see Figure 1)

(2012:py OR 2013:py OR 2014:py OR 2015:py OR 2016:py OR 2017:py OR 2018:py OR 2019:py OR 2020:py OR 2021:py OR 2022:py) AND ([adolescent]/lim OR [child]/lim OR [infant]/lim OR [newborn]/lim OR [preschool]/lim OR [school]/lim) AND ('article'/it OR 'review'/it) 'cure'/exp OR cure OR 'treatment outcome' OR 'outcome'/exp OR 'outcome' OR 'patient assessment'/exp OR 'patient assessment' OR 'treatment failure' 'tympanostomy tube*' OR 'tympanostomy tube otorrhea'/exp OR 'tympanostomy tube otorrhea' OR 'tympanostomy tube'/exp OR 'tympanostomy OR 'eardrum perforation'/exp OR 'eardrum perforation' OR 'tympanic membrane perforation' 'acute otitis media'/exp OR 'acute otitis media' OR 'otorrhea'/exp OR otorrhea 'amoxicillin'/exp OR amoxicillin OR 'amoxicillin plus clavulanic acid'/exp OR 'amoxicillin plus clavulanic acid' OR 'cephalosporin'/exp OR cephalosporin OR 'cefdinir'/exp OR cefdinir OR 'cefpodoxime'/exp OR cefpodoxime OR 'cefaclor'/exp OR cefaclor OR 'cefixime'/exp OR cefixime OR ceftriaxone OR 'ciprofloxacin plus dexamethasone'/exp OR ciprodex OR ciprofloxacin OR ofloxacin OR 'prednisolone sodium phosphate plus sulfacetamide'/exp OR vasocidin OR 'boric acid' #1'ear drops'/exp OR 'ear drops' OR (('antibiotic agent'/exp OR 'antibiotic therapy' OR 'antibiotic or or or 'cefixime'/exp OR 'antibiotic or or or 'cefixime'/exp OR 'antibiotic therapy' OR 'antibiotic therapy' OR 'antibiotic OR drop*))

Records identified through database searching n = 54

Additional records identified through other sources n = 0



Evidence Based Practice

Studies Included in this Review			
Citation	Study Type		
Steele et al. (2017)	Systematic Review/Meta-Analysis		
Venekamp et al. (2016)	Systematic Review/Meta-Analysis		

Studies Not Included in this Review with Exclusion Rationale

Citation	Reason for exclusion
Gupta et al. (2014)	Chronic otitis media and study includes adults
Hullegie et al. (2021)	Study protocol
Spektor et al. (2017)	Study of ear drops only
Syed et al. (2013)	Study on postoperative care
Van Dongen et al. (2014)	Included in Venekamp et al. (2016) SR
Van Dongen et al. (2015)	Cost study

Methods Used for Appraisal and Synthesis

- <u>aThe GRADEpro Guideline Development Tool (GDT)</u> Using the GDT, the author of this CAT rates the certainty of the evidence based on four factors: within-study risk of bias, consistency among studies, directness of evidence, and precision of effect estimates. Each factor is subjectively judged against the author's confidence of the estimated treatment effect. Confidence is assessed as not serious, or very serious. If the attribute of serious or very serious is assessed, the author will provide an explanation.
- Payyan is a web-based software used for the initial screening of titles and / or abstracts for this analysis (Ouzzani, Hammady, Fedorowicz & Elmagarmid, 2017).
- Review Manager (Higgins & Green, 2011) is a Cochrane Collaborative computer program used to assess the study characteristics as well as the risk of bias and create the forest plots found in this analysis.
- ^dThe Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) flow diagram depicts the process in which literature is searched, screened, and eligibility criteria is applied (Moher, Liberati, Tetzlaff, & Altman, 2009).

References to Appraisal and Synthesis Methods

- ^aGRADEpro GDT: GRADEpro Guideline Development Tool (2015). McMaster University, (developed by Evidence Prime, Inc.). [Software]. Available from <u>gradepro.org</u>.
- Duzzani, M., Hammady, H., Fedorowicz, Z., & Elmagarmid, A. (2016). Rayyan-a web and mobile app for systematic reviews. *Systematic Reviews*, *5*(1), 210. doi:10.1186/s13643-016-0384-4
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- dMoher D, Liberati A, Tetzlaff J, Altman DG, The PRISMA Group (2009). Preferred Reporting Items for Systematic Reviews and Meta-Analyses: The PRISMA Statement. PLoS Med 6(7): e1000097. doi:10.1371/journal.pmed1000097 For more information, visit www.prisma-statement.org.

Question Originator

Date Developed: 7/18/2022

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Evidence Based Practice

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Date Developed: 7/18/2022

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Acronyms Used in this Document		
Acronym	Explanation	
AGREE II	Appraisal of Guidelines Research and Evaluation II	
CAT	Critically Appraised Topic	
EBP	Evidence Based Practice	
PRISMA	Preferred Reporting Items for Systematic Reviews and Meta-Analyses	

Statistical Acronyms Used in this Document

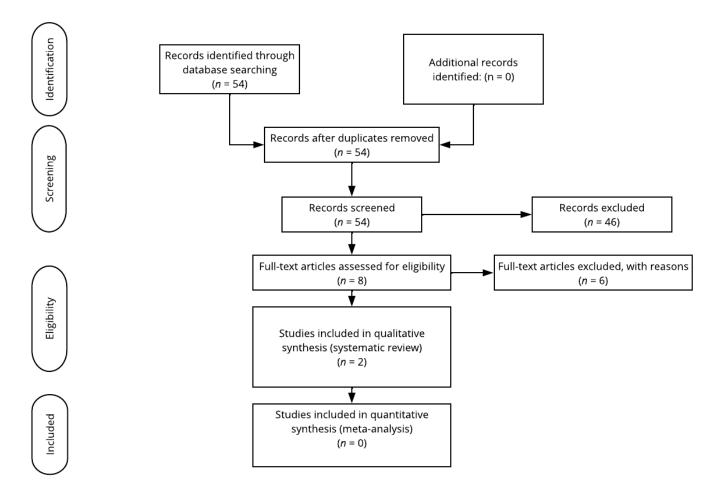
Statistical Acronym	Explanation
CI	Confidence Interval
M or \bar{X}	Mean
n	Number of cases in a subsample
N	Total number in sample
OR	Odds Ratio
P or p	Probability of success in a binary trial
RCT	Randomized controlled trial
SD	Standard deviation
SR	Systematic Review



Critically Appraised Topic (CAT): Acute Otitis Media (AOM) Tympanostomy Antibiotics

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Figure 1 Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRIMSA)^d





Characteristics of Intervention Studies

Steele et al., 2017

Date Developed: 7/18/2022

Design	Quantitative Synthesis (meta-analysis)	
Objective	Reviewed evidence for water precautions (ear plugs or swimming avoidance) and effectiveness of topical versus antibiotic treatment of otorrhea in children with tympanostomy tube.	
Methods	Criteria for considering studies for this review	
	 Search methods for identification of studies Electronic databases searched: Medline, the Cochrane Central Trials Registry and Cochrane Database of Systematic Reviews, Excerpta Medica Database, and the Cumulative Index to Nursing and Allied Health Literature dates through May 19, 2016. Search strategy employed: Not reported 	
	 Data collection and analysis Inclusion criteria: Comparison of benefits and/or harms of at least two of the following: Symptomatic or asymptomatic children with acute tympanostomy tube otorrhea beyond the immediate postoperative period (30 days after surgery) 	
	 Exclusion criteria: Trials enrolling children with early postoperative otorrhea or chronic suppurative otitis media Population: Children, ages not specified Setting: Not specified 	
	 Study Design: Systemic review and network meta-analysis Data collection process: Not specified Assessment of Bias: Cochrane Risk of Bias Tool (RCTs) 	
	Newcastle Ottawa Scale (Nonrandomized studies) Data Synthesis: Overall Effect Size Odds ratios (ORs) and confidence interval (CI) Number needed to treat (NNT)	
Results	Study Selection (actual results/data) Number of articles identified: N = 13334 Full-text articles assessed for eligibility: n = 172 Studies included in qualitative synthesis: n = 7	
	Synthesis of quality of evidence: Moderate	



Critically Appraised Topic (CAT): Acute Otitis Media (AOM) Tympanostomy Antibiotics

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	Synthesis of quantitative evidence		
	 Overall Effect Size: RCT that studied antibiotic ear drops with corticosteroids versus oral antibiotics on relative effectiveness 		
	 Ear drops with corticosteroids versus oral antibiotics: OR: 5.3 		
	• CI: 95% CI 1.20 to 27.00		
	• NNT: 3.2		
	 Heterogeneity: Not reported 		
	 Overall Effect Size: RCT that studied antibiotic ear drops without corticosteroids versus oral antibiotics on relative effectiveness 		
	Ear drops without corticosteroids versus oral antibiotics:		
	• OR: 3.3		
	• CI: 95% CI 0.74 to 16		
	Heterogeneity: Not reported		
Discussion	Summary of evidence		
	Network meta-analyses suggest that, relative to oral antibiotics, topical antibiotic–glucocorticoid drops were more effective.		
	Network meta-analyses suggest that, relative to oral antibiotics, topical antibiotics were not more effective		
	Limitations		
	The author used indirect evidence from the network meta-analysis to augment the direct evidence relating to the		
	comparisons of interest for the treatment of otorrhea. The study assumes there is consistency with the effect		
	modifiers across the direct and indirect evidence.		
	modifiers across the direct and manect evidence.		



Venekamp et al., 2016

Date Developed: 7/18/2022

Venekamp et al., 2016			
Design	Quantitative Synthesis (meta-analysis)		
Objective	Conduct a systemic review and meta-analysis of the interventional and observational studies reporting data on the benefits and harms of current treatment strategies for children with ear discharge occurring at least two weeks following grommet (ventilation tube) insertion.		
Methods	 Criteria for considering studies for this review Types of studies: Randomized controlled trials (RCTs) Participants: Patients, less than 18 years, with grommets Target Condition(s): Acute ear discharge outside the immediate postoperative period, following grommet insertion Search methods for identification of studies		
	 Electronic databases searched: ENT Trials Register, Cochrane Central Register of Controlled Trials, PubMed/MEDLINE, EMBASE, CAB, EBSCO CINAHL, LILACS, KoreaMed, IndMed, PakMediNet, Web of Knowledge, CNKI, ClinicalTrials.gov, ICTRP, ISRCTN, Google Scholar, Google for all dates through June 23, 2016 Search strategy employed: Mesh terms: (middle ear ventilation or grommet) OR (cerebrospinal fluid otorrhea) Searching other resources: Ovid MEDLINE, TRIPdatabase, The Cochrane Library and Google 		
	Data collection and analysis Inclusion criteria: Comparison of benefits and/or harms of at least two of the following: Oral corticosteroids Antibiotic ear drops Antibiotic(s)-corticosteroid ear drops Corticosteroid ear drops Cleaning the ear canal using micro suction Saline rinsing of the ear canal Placebo (in the form of ear drops, oral suspension, or tablets, depending on the 'active' intervention that is studied) or no treatment Exclusion criteria: Review article Not a randomized trial		
	 Population: Children, ages 0 to 12 years Setting: Secondary or tertiary care setting Study Design: Systemic review and meta-analysis Data collection process: Two investigators independently review Assessment of the certainty of the evidence: GRADE Data Synthesis: Overall Effect Size 		

Evidence Based F	Practice	
	 Mantel-Haenszel (MH) risk ratio (RR) for dichotomous outcomes with 95% confidence interval (CI) DerSimonian and Laird model for random effects Heterogeneity Chi² test I² statistic 	
Results	■ I ² statistic	
Discussion	Summary of evidence Authors note all studies favor antibiotic ear drops over other interventions. The difference between treatments was large, in favor of ear drops. Inconclusive evidence that antibiotic ear drops are more effective than saline rinsing.	



Critically Appraised Topic (CAT): Acute Otitis Media (AOM) Tympanostomy Antibiotics

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	Limitations • Quality of evidence	
Funding	 Funding Five studies received financial support or were directly funded by pharmaceutical companies. Pharmaceutical companies provided the study medication in two studies. One study received governmental funding. One study was performed without funding. 	



Critically Appraised Topic (CAT): Acute Otitis Media (AOM) Tympanostomy Antibiotics

References

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Critically Appraised Topic (CAT): Acute Otitis Media (AOM) Tympanostomy Antibiotics

Appendix

Evidence to Decision Assessment for XXXX

Problem Is the problem a priority?			
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS	
 No Probably no Probably yes Yes Varies Don't know 	Roughly 80% of all children will experience otitis media during their lifetime, and between 80-90% of all children will have otitis media with an effusion before school age. There is an increased risk of tympanic membrane perforation with AOM, particularly in children with a history of infections (Pelton & Tahtinen, 2022). Additionally, the most common cause of children with tympanostomy tube otorrhea is AOM (Schmelzle et al., 2008). Fifty-one percent of children with tympanostomies experience \geq 1 episode of otorrhea (Steele et al., 2017).		
Desirable Effects How substantial are the desirable	Desirable Effects How substantial are the desirable anticipated effects?		
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS	
 Trivial Small Moderate Large Varies Don't know 	Resolution of ear discharge at one week The systematic review by Venekamp et al. (2016) found one RCT (Heslop et al., 2010) that measured resolution of ear discharge at one week, $(N=42)$. For the outcome of resolution, the results indicated the intervention of antibiotic ear drops (with or without corticosteroids) was favorable to the comparator of oral antibiotics, $OR=2.58$, 95% CI [1.27, 5.22], p -value = 0.01. Resolution of ear discharge at two to four weeks The systematic review by Venekamp et al. (2016) found two RCTs (Dohar et al., 2006; Van Dongen et al., 2014) that measured resolution of ear discharge at two to four weeks ($N=232$). For the outcome of resolution, the results indicated the intervention of antibiotic ear drops (with corticosteroids) was favorable to the comparator of oral antibiotics, $OR=1.59$, 95% CI [1.35, 1.88], p -value < .0001. Relative effectiveness The network meta-analysis by Steele et al. (2017) measured relative effectiveness of different treatments for otorrhea in patients with tympanostomy tubes, ($N=7$ Studies). For the outcome of relative effectiveness, the results indicated the intervention of antibiotic ear		



JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
Certainty of evidence What is the overall certainty of the evidence of effects?		
 Large Moderate Small Trivial Varies Don't know 	Adverse events The systematic review by Venekamp et al. (2016) found three RCTs (Dohar et al., 2006; Goldblatt et al., 1998; Van Dongen et al., 2014) that measured adverse events, ($n=232$). For the outcome of adverse events, the results indicated the intervention of antibiotic ear drops (with and without corticosteroids) was not different to the comparator of oral antibiotics, $OR=0.37$, 95% CI [0.12, 1.09], p -value = .07.	Treatment failure and recurrence
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
Undesirable Effects How substantial are the undesirable anticipated effects?		
	drops (with or without corticosteroids) was favorable to the comparator of oral antibiotics, $OR = 5.30$, 95% CI [1.20, 27].	

Evidence Based Practice

- Very low
- o Low
- Moderate
- High
- No included studies

Certainty Of The Evidence For Resolution of ear discharge at one week. The certainty of the body of evidence was very low. The body of evidence was assessed to not have serious inconsistency nor indirectness, however was assessed to have serious risk of bias and serious imprecision. Risk of bias was serious due to lack of blinding in the study which could have affected outcome assessment. Imprecision was serious due the low number of events (n = 23) and subjects (N =42). As only one study, Heslop et al. (2010), was identified to answer this question, consistency could not be assessed.

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Certainty Of The Evidence For Resolution of ear discharge at one week. The certainty of the body of evidence was very low. The body of evidence was assessed to not have serious inconsistency, however, was assessed to have serious risk of bias, serious indirectness, and serious imprecision. The risk of bias was serious due to the lack of blinding in the study which could have affected the outcome assessment. Indirectness was serious due to the study being a network metaanalysis and imprecision was serious due to the wide confidence interval.

Values

Date Developed: 7/18/2022

Is there important uncertainty about or variability in how much people value the main outcomes?

JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
 Important uncertainty or variability Possibly important uncertainty or variability		Some providers (e.g. Antimicrobial Stewardship) may weigh more heavily the risk of adverse drug events, side effects, and antimicrobial resistance. Some



Probably no important uncertainty or variabilityNo important uncertainty or variability		parents/families of patients may weigh more heavily the risk of treatment failure. Risk aversion
Balance of effects Does the balance between desirab	le and undesirable effects favor the intervention or the comparison?	
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
 Favors the comparison Probably favors the comparison Does not favor either the intervention or the comparison Probably favors the intervention Favors the intervention Varies Don't know 	Evidence is limited but favors the intervention of ear drops	
Resources required How large are the resource require	ements (costs)?	
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
 Large costs Moderate costs Negligible costs and savings Moderate savings Large savings Varies Don't know 	At two weeks, the mean total cost per patient is \$42.43 for antibiotic-glucocorticoid eardrops, \$70.60 for oral antibiotics, and \$82.03 for initial observation. At six months, the mean total cost per patient was \$368.20, \$420.73, and \$640.44, respectively. (Dongen et al., 2015)	
Certainty of evidence of requir What is the certainty of the eviden	ed resources ice of resource requirements (costs)?	
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
Very lowLowModerateHighNo included studies		Recent price drop of ear drops



Cost effectiveness Does the cost-effectiveness of the intervention favor the intervention or the comparison?			
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS	
 Favors the comparison Probably favors the comparison Does not favor either the intervention or the comparison Probably favors the intervention Favors the intervention Varies No included studies 	At two weeks, the mean total cost per patient is \$42.43 for antibiotic-glucocorticoid eardrops, \$70.60 for oral antibiotics, and \$82.03 for initial observation. At six months, the mean total cost per patient was \$368.20, \$420.73, and \$640.44, respectively. (Dongen et al., 2015)		
Equity What would be the impact on heal	th equity?		
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS	
 Reduced Probably reduced Probably no impact Probably increased Increased Varies Don't know 		Issues with patients taking antibiotics Cost issues may affect access for some families	
Acceptability Is the intervention acceptable to k	ey stakeholders?		
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS	
 No Probably no Probably yes Yes Varies Don't know 			
Feasibility Is the intervention feasible to impl	lement?		
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS	



No Probably no Probably yes Yes Varies Don't know Availability issue cost prohibitive when not covered by insurance

CONCLUSIONS

Recommendation

A **conditional** recommendation is made **for** the use of ear drops over oral antibiotics for patients with tympanostomy tubes, based on the GRADE Evidence to Decision instrument.