



QR code for mobile view

- Inclusion Criteria:**
- Idiopathic scoliosis patients
- Exclusion Criteria:**
- Neuromuscular patients

Prior to surgery day

Patient scheduled for spine surgery

- Pre-Admission Testing (PAT) Evaluation:**
- Appointment typically occurs approximately 2 weeks prior to surgery on the same day H&P and consent are completed in Ortho clinic
 - Introduction to ERAS principles, e.g., multimodal analgesia, encouraging PO intake, etc
 - Carbohydrate-rich drink up to 2 hours prior to surgery
 - Discuss anesthesia risks and plan (including mitigation of pre-op anxiety)
 - [ERAS Handout \(Link to Handout\)](#)

- Orthopedics Clinic:**
- Surgical consent completed with patient/family
 - Preoperative bathing instructions
 - Discussion about anticipated postoperative course & pain management

- 1st Set Labs (ordered by Ortho Team):**
- CBC with differential
 - BMP
 - LFTs
 - PT/PTT/INR
 - ABO

- Preoperative Testing (ordered by Ortho Team):**
- PFTs
 - ECHO & ECG
 - Typically for pts w/ thoracic curves > 80 degrees

- 2nd Set Labs (ordered by Ortho Team):**
- *Day Before Surgery***
- CBC with differential
 - Type and screen
 - HCG qualitative (> 10 years old)

Instruct caregivers/parents to call Ortho Clinic or PAT if they have any questions prior to surgery

- [Intraoperative algorithm](#)
- [Inpatient algorithm](#)