

Abbreviations (laboratory and radiology studies excluded):
NPO - Nothing by mouth
PAT - Pre-Admission Testing
SDS - Same Day Surgery

Inclusion criteria:

- Neuromuscular patients undergoing major lower extremity orthopedic procedures

Exclusion criteria:

- Neurotypically developed patients
- Neuromuscular patients undergoing soft tissue work only
- Neuromuscular patients undergoing hardware removal only

Medication/diet instructions received at PAT:

- **Medication:**
 - Patient takes all normal daily medications morning of surgery unless specifically instructed to stop
- **Diet:**
 - Standard NPO guidelines
 - Carbohydrate-rich drink (Gatorade, Powerade, or Pedialyte) encouraged when NPO until 2 hours prior to procedure time
- **Arrival time/location**

