

Instructions for Children Who Might Have Measles and Their Household Members

Measles is a sickness that is very easy to catch and spread:

- If 10 people without their measles vaccine are near a person with measles, 9 of them will get sick.
- Measles spreads through the air when someone with measles coughs or sneezes.
- The germs can stay in the air for 2 hours.
- Measles can start 7 to 14 days after being near someone sick and can cause:
 - A high fever
 - Cough
 - Runny nose
 - Red or watery eyes
 - And a rash that shows up 3 to 5 days after the other symptoms

What to do after leaving the hospital or clinic:

- 1 Go straight home and stay there until the health department tells you what to do next.
- 2 On your way home:
 - Everyone living in your home should wear a mask when around other people.
 - This includes when traveling on buses or in cars

Next Steps:

- 1 Call your doctor or the local health department to find out who needs medicine to stop measles.
- 2 If your child or someone in your home needs to see a doctor or is getting sicker, call the doctor or hospital before visiting.

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