

Prior to surgery day

Patient scheduled for ERAS- bariatric surgery:
sleeve gastrectomy

PAT Evaluation:

- Chart reviewed for:
 - Hx of obstructive sleep apnea (OSA)
 - Hx of metabolic disorder (other comorbidities)
- Discuss ERAS process/protocol with patient and family
- Complete Echo and EKG
- Airway assessment

Education discussed:

- Diet restrictions and recommendations -begin liquid diet 5 days prior to surgery
- ClearCarb diet plan
- Medication instructions
- Anesthesia risks and plan
- **Hand-out provided**

Medication/Diet Instructions received:

- **Medication:**
 - Hold GLP-1 agonists (e.g., Semaglutide, Dulaglutide, Liraglutide) - *Can have one dose prior to surgery*
 - Hold empagliflozin 3 days prior to surgery
 - Hold phentermine 7 days prior to surgery
 - Hold metformin for 24 hrs prior to surgery
 - Pt may have topiramate (DOS with last clears)
- **Diet:**
 - 12 hrs prior to surgery: Carb load 12 oz Gatorade, Powerade, or Pedialyte
 - 2-3 hrs prior to surgery: Carb load up to 12 oz of Gatorade, Powerade, or Pedialyte
- **Arrival time/location**

48 hour SDS/PACU phone call prior to surgery date

Pre-op orders/medications:

- Enoxaparin
- Famotidine
- Sequential compression device (SCDs)

Abbreviations:
DOS-Day of Surgery
PAT- pre-admission testing
SDS - same day surgery

[Pre- & Intra-operative algorithm](#)
[Post-op PACU algorithm](#)
[Post-op and discharge algorithm](#)