



- Inclusion Criteria:**
- Adolescents at risk for unintended pregnancy
- Exclusion Criteria:**
- If > 120 hours (5 days) since unprotected sex, inadequately protected sex, or sexual assault

- General Considerations**
- The intent of EC is to prevent an unintended pregnancy and must be administered within the specified time frame
 - For questions or uncertainty regarding consent, please contact Social Work
 - If concern for sexual assault, contact Social Work to determine need for SANE and/or SCAN
 - For risk factors or signs/symptoms of STI, refer to [STI CPG](#)

- EC Options**
- Levonorgestrel**
- Most effective within first 3 days
 - Less effective in patients with BMI > 25
 - Allows for immediate initiation of hormonal contraception
- Ulipristal Acetate**
- Remains effective throughout the 5 post coital days
 - Preferred for patient with BMI > 25, but effectiveness may be limited in patients with BMI ≥ 30
 - Effectiveness may be decreased if taking while using hormonal contraception
 - Patient will need to wait 5 days prior to beginning hormonal contraception
- **Copper IUD (Paragard® IUD) is an option, though availability may be limited in some settings. While it is the most effective EC option, patients who do not want to use or do not have access to this method should be offered EC pills even if BMI > 30.*



QR Code for mobile view

