



QR code for mobile view

**Inclusion Criteria:**

- ASA I and II: A normal healthy patient or a patient with mild systemic disease ([ASA Physical Status Classification System](#))

**Exclusion Criteria:**

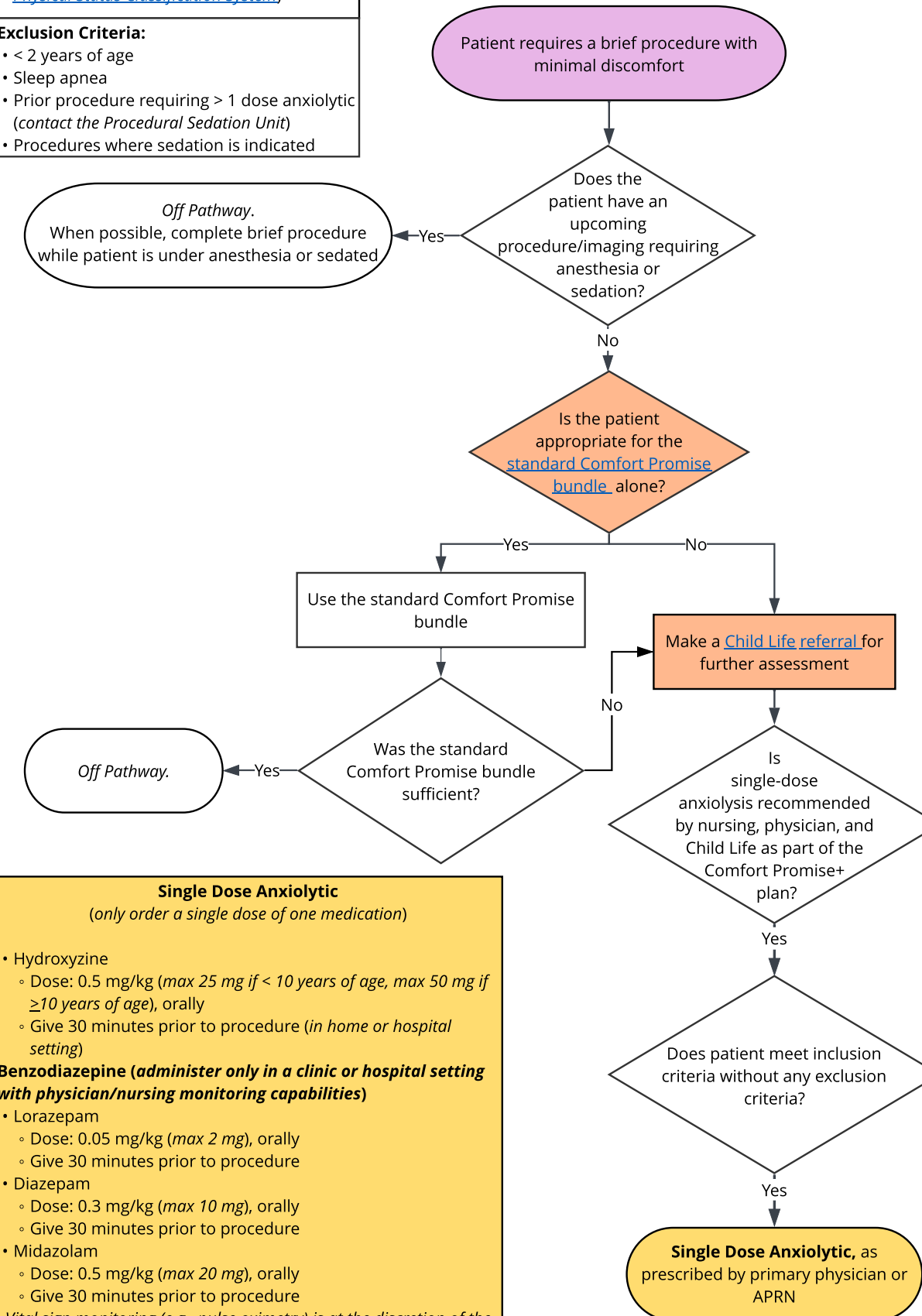
- < 2 years of age
- Sleep apnea
- Prior procedure requiring > 1 dose anxiolytic (contact the Procedural Sedation Unit)
- Procedures where sedation is indicated

**Brief Procedure with Minimal Discomfort Examples**

- IV start
- Blood draw
- Nasogastric tube placement
- Immunizations

**Further Assessment Needed by Child Life**

- Patient experiencing:
  - High level of anxiety
  - Intense apprehension or fear about upcoming procedure
  - History of aggression
  - Past medical trauma or emotional harm
  - Tactile defensiveness
- Currently diagnosed with or being evaluated for a developmental disability and/or behavioral condition (e.g., autism, oppositional defiant disorder)
- Standard Comfort Promise bundle insufficient



**Single Dose Anxiolytic**  
(only order a single dose of one medication)

- Hydroxyzine
  - Dose: 0.5 mg/kg (max 25 mg if < 10 years of age, max 50 mg if ≥10 years of age), orally
  - Give 30 minutes prior to procedure (in home or hospital setting)
- Benzodiazepine (administer only in a clinic or hospital setting with physician/nursing monitoring capabilities)
  - Lorazepam
    - Dose: 0.05 mg/kg (max 2 mg), orally
    - Give 30 minutes prior to procedure
  - Diazepam
    - Dose: 0.3 mg/kg (max 10 mg), orally
    - Give 30 minutes prior to procedure
  - Midazolam
    - Dose: 0.5 mg/kg (max 20 mg), orally
    - Give 30 minutes prior to procedure

Vital sign monitoring (e.g., pulse oximetry) is at the discretion of the administering provider

**Abbreviations:**

- ASA = American Society of Anesthesiologists