



Postoperative - Inpatient to discharge

PACU handoff to Inpatient Nurse

- Report length of time in PACU
- Provide info on medications administered in the OR and PACU (including analgesics)
- Patient's overall status while in PACU

Postoperative Surgical Management
Urology Enhanced Recovery Post Op Order Set

- **Diet:**
 - Clears day of surgery/regular diet next day
- **OR**
- Sips of clears (to be advanced by surgery team)
- **IV Fluids:** goal is to d/c once tolerating PO
- **Ambulation:**
 - POD 0- up ad lib
 - POD 1- up to ambulate or chair as tolerated 3x/day
- **Incentive Spirometry**
- **Medications:**
 - Cefoxitin standard dosing x 48 hours
 - Ondansetron prn

- Assess pain q4 hr or PRN
- Initiate clear liquids; advance diet as tolerated

Epidural or ESP Catheters in place?

Pain team continues to follow patient

Is patient tolerating PO pain medication?

Pain team signs off Primary team writes pain orders

Main discharge criteria:

Postoperative Pain Management
Goal: Minimize Opioids

- **Acute Pain Service:**
 - Will round on patient daily while catheters are in place
 - Epidural/ESP catheters will stay in place until patient is tolerating a normal diet
 - Pain team orders scheduled acetaminophen/ketorolac.
 - May consider ketamine or dexmedetomidine gtt.
- **Primary Team:**
 - Once patient is tolerating clears: can order PO oxycodone

Bowel regimen:

- Daily bowel movement with prescribed regiment (refer orders).

Urine:

- Urine outpt 1cc/kg/hr or 30cc/hr
- Caregivers comfortable with bladder care

Pain control:

- Tolerating oral pain meds

PONV & Diet:

- Tolerate regular diet

Ambulation:

- Ambulate 3x/day for eligible patients
- Or majority of day out of bed
- Consider P.T. consult

Does pt meet discharge criteria?

Discharge home with post-operative follow up visit in three to four weeks

• [Prior to surgery algorithm](#)
• [Pre&Intra-operative algorithm](#)
• [Post-op PACU algorithm](#)

Abbreviations:

- NSAIDs- nonsteroidal anti inflammatory drugs
- PACU - post anesthesia care unit
- OR - operating room
- PONV- post-op nausea/vomiting
- PRN- as needed
- P.T. - physical therapy