

OR code for mobile access

Discharge Criteria All of the following:

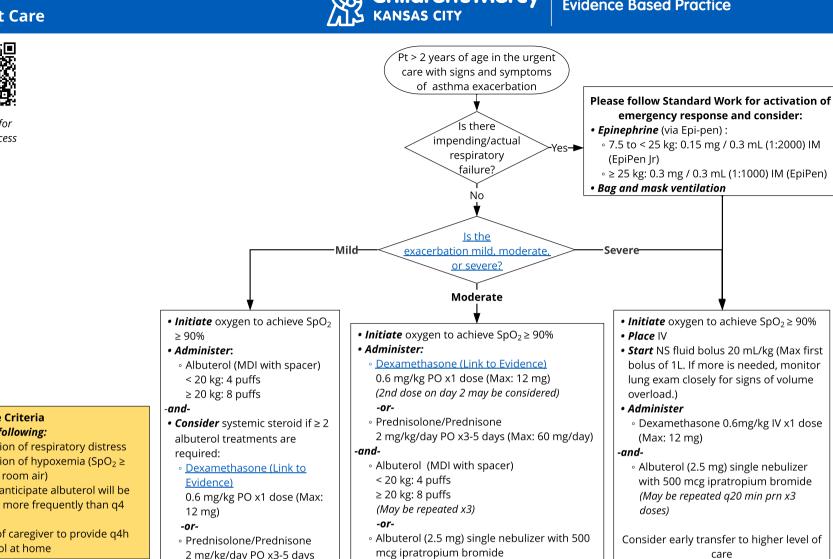
- Resolution of respiratory distress
- Resolution of hypoxemia (SpO₂ ≥ 90% on room air)
- Do not anticipate albuterol will be needed more frequently than q4
- Ability of caregiver to provide q4h albuterol at home

Discharge Checklist

- Continue yellow zone therapies on discharge
- Determine systemic steroid plan based on initial steroid administered and patient needs
- Consider "stepping up" green zone therapies if indicated
- Provide Asthma Action Plan and asthma education
- **Recommend** appropriate follow-up with either PCP or Asthma Provider
- Confirm pt has access to prescribed medications within 2-3 hours after discharge

Other Resources

- Asthma Reference Guide
- Caregiver Smoking Cessation



2 mg/kg/day PO x3-5 days (Max: 60 mg/day)

Is pt improving

with albuterol?

Yes

No

mcg ipratropium bromide (May be repeated q20 min prn x3 doses)

Consider early transfer to higher level of care

if pt continues with moderate status after 3

back-to-back doses of albuterol + ipratropium ls pt improving? Transfer to Yes higher level of care via EMS Does the pt meet discharge criteria?

- Complete discharge checklist
- · Discharge pt with home asthma care plan and follow-up with PCP

Yes

Asthma Exacerbation Algorithms:

- Emergency Department
- <u>Inpatient</u>

Contact: EvidenceBasedPractice @cmh.edu

Link to: synopsis and references

Last Updated: 07/2025