



QR code for mobile access

Discharge Criteria All of the following:

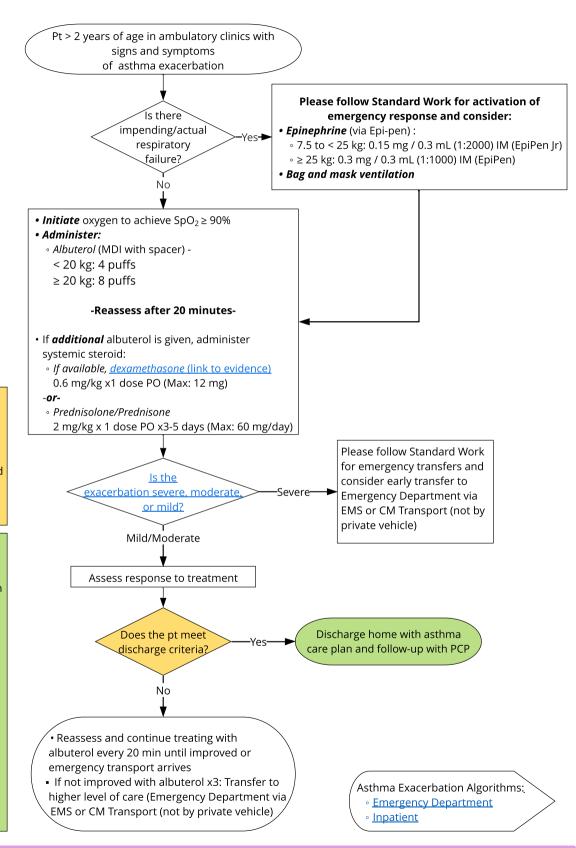
- · Resolution of respiratory distress
- Resolution of hypoxemia (SpO₂ ≥ 90% on room air)
- Do not anticipate albuterol will be needed more frequently than q4 hours
- Ability of caregiver to provide q4h albuterol at home

Discharge Checklist

- Continue yellow zone therapies on discharge
- Determine systemic steroid plan based on initial steroid administered and patient needs
- Consider "stepping up" green zone therapies if indicated
- **Provide** Asthma Action Plan and <u>asthma</u> education
- **Recommend** appropriate follow-up with either PCP or Asthma Provider
- **Confirm** pt has access to prescribed medications within 2-3 hours after discharge

Other Resources

- Asthma Reference Guide
- Caregiver Smoking Cessation



Contact: <u>EvidenceBasedPractice @cmh.edu</u>

Link to: synopsis and references

Last Updated: 07/2025