



Young Adult IBD Clinic (YAC)

DIVISION OF GASTROENTEROLOGY

WHAT IS IT? A clinic for patients ages 17 or older to help them take on more responsibility for their health management so that by the time they need to transfer into adult care, they are able to do so successfully.

HOW IS THIS APPOINTMENT DIFFERENT THAN OTHERS? This appointment is less focused on acute disease needs, and more focused on disease education, disease management, and healthcare education to prepare the young adolescent for the Adult GI world.

We want to make sure young adults feel confident in their ability to take ownership, ask questions, and advocate for their healthcare. It's also an opportunity for young adults and their caregivers to address any questions about healthcare or insurance coverage issues that may be happening in the future (ex; losing Medicaid at age 19, etc).

WILL THIS BE IN ADDITION TO MY REGULAR FOLLOW-UPS OR WILL IT BE INCLUDED? A visit to the Young Adult IBD Clinic will count as a regular follow up since you'll be seen by the IBD Nurse Practitioner, who collaborates closely with your primary GI doctor. You will otherwise continue to be seen by your GI doctor. If you report acute needs or if treatment changes need to be made, your primary GI doctor will be notified.

WHEN DOES IT TAKE PLACE? The 2nd/4th Tuesday afternoon of the month.

WHERE? Currently, visits in YAC are being offered via telehealth.

HOW DO I GET SCHEDULED INTO THIS CLINIC? Tell your GI doctor and he/she will help get you scheduled.