

Safety Information:

4% TOPICAL LIDOCAINE CREAM



Lidocaine cream numbs the skin so your child will feel less pain from needles. You can buy it at a pharmacy or other stores that sell medicine. You do not have to have a prescription for lidocaine cream.

Lidocaine cream:

- Can be used on full-term newborns to adults.
- Should be put on your child 30-60 minutes before their needle procedure. This helps the cream work best.
- Should be covered with something to help keep it in place. This can be Tegaderm, Saran Wrap, or Press and Seal. Your child can wear their clothes over the lidocaine cream covering.
- Will be wiped off your child's skin before the needle procedure.
- Still works after it has been wiped off.
- Do not use lidocaine cream on skin that is cut, scraped, red, swollen, or sore.
- Keep all medications out of reach of children.
- To learn more about keeping your children safe with medications, scan the QR code:

Safety guidelines

- Do not use lidocaine cream if your child is allergic to lidocaine (xylocaine) or other medicines used for numbing.
- Do not use lidocaine cream more than 3 times in 24 hours.
- Make sure your child does not loosen or take off the covering, touch the cream, or put it in their mouth, eyes, nose, or ears.




ENGLISH



SPANISH

Safe storage

- If you only use half of the tube, you may save the rest for the next time your child needs it.
- Throw away any remaining lidocaine cream when it is no longer needed.



If your child experiences any of these severe side effects, wipe off the lidocaine cream and contact your doctor immediately. If your child has breathing problems or seizures, **call 911**.

If you have questions or concerns about lidocaine cream, please talk to your child's doctor or nurse.

Side effects of lidocaine cream

Mild side effects that you do not need to tell your child's doctor about:

- Skin turning white or red where you put the lidocaine cream. It will return to its usual color.
- Swelling, itching, or rash that lasts 1-2 hours.
- Your child's skin may be numb up to 90 minutes after the cream has been wiped off. Your child may not feel anything in that area. Be careful they do not hurt themselves before the numbness wears off.

Severe side effects that you need to tell your child's doctor about:

- Lightheaded, dizzy, or sleepy.
- Nervous or confused.
- Hearing a ringing noise.
- Blurry vision.
- Throwing up (vomiting) suddenly.
- Feeling hot, cold, or numb all over.
- Twitching or shaking.
- Swelling, itching, or rash that lasts longer than 2 hours.

Learn more ways to help your child with a needle procedure by going to this page:

[Making Needle Procedures More Comfortable for Children | Children's Mercy Kansas City \(childrensmercy.org\)](https://www.childrensmercy.org/needle-procedures)

Learn more tips for how to help your child learn about procedures here:

[What to Expect Before Visiting Children's Mercy | Children's Mercy Kansas City \(childrensmercy.org\)](https://www.childrensmercy.org/visiting)



Imagine the Potential

[childrensmercy.org](https://www.childrensmercy.org)

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