







Glomerular Filtration Rate (GFR)

How do you know how well your kidney is working?

We monitor your creatinine and glomerular filtration rate (GFR). Creatinine is a waste product in your blood and is used to calculate your GFR.

- » A higher GFR is better
- » A lower creatinine is better

| Stages Of Chronic Kidney Disease | GFR | % of Kidney Function |
|--|--------------|---|
| Stage 1 Kidney damage with normal kidney function | 90 or higher |  |
| Stage 2 Kidney damage with mild loss of kidney function | 89 to 60 |  |
| Stage 3a Mild to moderate loss of kidney function | 59 to 45 |  |
| Stage 3b Moderate to severe loss of kidney function | 44 to 30 |  |
| Stage 4 Severe loss of kidney function | 29 to 15 |  |
| Stage 5 Kidney Failure also called End Stage Kidney Disease (ESKD) | Less than 15 |  |

Do you know your creatinine and GFR?

My creatinine is _____

My GFR is _____